



Joy MacCallum

Member, Board of Advisors

Joy McCallum, MS, RDN, LDN, CLT is a Functional Nutritionist/Registered Dietitian with a nutrition consulting practice specializing in food sensitivities, GI/gut Issues, wellness and weight management. Joy received her MS in Nutrition from Boston University, completing her Dietetic Internship at Boston Medical Center.

Joy worked in metabolic research at Tufts Human Nutrition Center for Aging and at Boston University school of Public Health measuring malnutrition in homebound elderly population in Boston. After her role as the in-house consulting nutritionist at Cambridge Healthworks Fitness Centers for Women from 1995 – 2004, Joy worked as a Nutritionist with Kids Cooking Green (KCG), a healthy eating program for kids, from 2008 to 2020. A highlight at KCG was working with Head Start pre-school students as part of a 5-year grant program at the Kennedy School in Charlestown.

Joy served on the Board of Directors of the Massachusetts Academy of Nutrition and Dietetics and is currently a member of the Academy of Nutrition and Dietetics and the Dietitians in Integrative and Functional Medicine practice group. She was a board member of Lexington United Soccer Club for 8 years, serving as President of that board for two years. She was also the Treasurer and a board member for the Lexington Preschool PTA.

Joy joined the Board of Advisors in May 2024, after serving for several years on GBFB's Innovative Development Council.